ROCK MY MENOPAUSE

Reporting medication side effects

DID YOU KNOW?

Did you know that you're meant to report any side effects that you experience when taking medication? Many people assume that side effects come hand-in-hand with medication, but this is not always the case. By identifying and reporting any side effects that you experience, you can help to monitor the safety of medicines, herbal remedies and medical devices.

WORRIED ABOUT SIDE EFFECTS?

If you are worried about a suspected side effect, it is recommended that you seek medical advice from a doctor, pharmacist or practice nurse. It is also advisable to read the patient information leaflet that comes with the medication as that will list side effects and what to do if you experience any of those listed. You can also call:

- NHS 111 in England and Scotland on 111
- NHS Direct in Wales on 0845 46 47

Reporting side effects

- You can report side effects online at https://yellowcard.mhra.gov.uk
- You can collect a Yellow Card form from your local pharmacy or GP surgery
- You can call the Yellow Card hotline in business hours on **0808 100 3352**.

Yellow Card

The MHRA runs a Yellow Card Scheme for reporting side effects on all medicines including vaccines, herbal medicines, homeopathic remedies and medical devices available on the UK market.

The Scheme collects information on suspected problems or incidents involving:

- Side effects (also known as adverse drug reactions or ADRs)
- Medical device adverse incidents
- Defective medicines (those that are not of an acceptable quality)
- Counterfeit or fake medicines or medical devices
- Safety concerns for e-cigarettes or their refill containers (e-liquids).

Yellow Card App

There is also a Yellow Card App through which you can report side effects. It is available on iOS and Android.